

# Volunteer Vision

*The latest volunteering opportunities in the South Hams*

## A brighter future for children with learning disabilities



Lifeworks aims to provide learning-disabled children and young adults with confidence and life-skills that help them to make the step into adulthood and be included in their community as valued and active members.

Based in Dartington, their current projects include: respite care, residential accommodation, life-skills tuition and fun, educational activities for children and young people.

They urgently need drivers to help transport children to the centre once a week. Lifeworks are also looking for volunteers to help run events throughout the year giving the children a day to remember, such as a first taste of surfing at Bigbury beach.

They have a great opportunity for you to develop or use your existing retail experience – raising vital funds by helping them to plan, open and run a charity shop.

## Come and find out more about volunteering with the Citizens Advice Bureau

Totnes Citizens Advice Bureau, are holding a taster session on Wednesday 19th January 10am-12pm for people to come along and find out more about volunteering with the CAB. At the moment they are particularly keen to recruit volunteers to help with their new telephone advice line, acting as a first point of contact giving initial information and signposting to members of the general public. Volunteers need to be comfortable using a pc and happy giving information over the phone, but no specific experience or knowledge is needed as full training will be given.

**Date for your diary:  
Wednesday 19<sup>th</sup> January  
at South Hams CAB**

## Want to know more?

Please contact Sarah Davies

Email: [volunteering@southhamscvs.org.uk](mailto:volunteering@southhamscvs.org.uk)

Telephone: 01803 862266

Search for opportunities online at: [www.do-it.org.uk](http://www.do-it.org.uk)



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## Gain qualifications whilst you volunteer

FREE work-based NVQ Level 2/3 training is available to volunteers in this area. If your volunteering role includes (or will include if you haven't started yet) administration, retail, customer service or leading others and you don't already have a relevant Level 2 or above qualification (equivalent to 5 GCSEs or above) you could gain qualifications that help to recognise and develop the skills you use in your volunteering. You will receive 1 to 1

support in your volunteering place of work, so you don't have to travel to a college or attend classes. Visit [www.focus4training.co.uk](http://www.focus4training.co.uk) or give them a call on 0800 0855 912

## New project aims to help local people be more self sufficient

Skillschool is a new project aiming to help people in the local community save cash and be more self-sufficient. It will offer local and affordable 3-4 hour workshops on practical, fun and life skills. Could you help them create promotional material, gain press coverage,

research and apply for funding or use your admin skills to help them get a programme of workshops set up?

This is a great opportunity to get really involved with the start up of a new project and help the local community.



## Student Volunteering Week (21-27 Feb 2011)

Now in its tenth year, Volunteering England's Student Volunteering Week, sponsored by Santander, celebrates volunteering by students in Further and Higher Education. If you would like to find out more or get involved, visit:

[www.volunteering.org.uk/SVW2011](http://www.volunteering.org.uk/SVW2011)

## How has volunteering made a difference to you?

Are you volunteering? We want to know how volunteering has benefitted you. What do you get from volunteering and why would you recommend it to others?

If you volunteer and would like to tell us how getting involved in volunteering has made a difference to you, please get in contact.

We would like to use your quotes to help promote volunteering and encourage more people to make a difference in their community.

If you have any other feedback (positive or negative) you would like to give us on the service you have received from us or your volunteering experience please do let us know.



**Volunteer Centre**  
South Hams

