

Volunteer Vision

The latest volunteering opportunities in the South Hams

New community garden in the heart of Totnes seeks volunteers

The Lamb, situated at the top of Totnes High St, has recently been converted by volunteers into a successful community garden. It offers GARDENING FOR HEALTH sessions for patients from the local Leatside Surgery to engage in healthful activity, meet new people and learn more about growing healthy nutritious foods.

The project, run by Totnes Healthy Futures, is looking for volunteers to get involved in several ways. You can attend the fortnightly growing sessions on a Monday which have included activities such as experimenting with peas in unusual pots, building sweet pea wigwams and creating hanging baskets with a difference! (Booking may be required). You can also help with maintenance of the raised vegetable and herb gardens, as well as a demonstration Forest Garden plot. There are creative activity days where volunteers undertake practical projects such as encouraging wildlife by creating suitable habitats as well as other DIY tasks. There is also a 'Friends of the Lamb' group which you can become part of. Your help will create sustainability of a garden for health and wellbeing for all to enjoy. Refreshments and tools are provided onsite and you are welcome to bring your children with you (children must be accompanied by an adult).



Make sure we help the most deserving cases

The Ivybridge-based pancreatic cancer charity, **The Operation Henry Trust**, is looking for Volunteer Assessors. Operation Henry provides help to cancer sufferers and their loved ones – for example, help with travel to medical appointments, medication costs and private concerns. Respite breaks may also be provided.

They want to make sure that the most deserving cases get priority and it will be the assessor's role to make a recommendation about what sort of help may be available. Because of the unfortunate nature of pancreatic cancer, the work is very valuable and much needed. You don't need any particular skills except an open, friendly personality, good timekeeping and the ability to be a good listener with empathy. All applications for help are verified before being passed on to a Volunteer Assessor. Your expenses will be reimbursed and appropriate professional training provided.

Want to know more?

Please contact Sarah Davies

Email: volunteering@southhamscvs.org.uk

Telephone: 01803 862266

Search for opportunities online at: www.do-it.org.uk



European Year of Volunteering 2011



Volunteer Vision

Want to make a global impact with local events?

Oxfam believe that a small group of dedicated individuals have the power to make a huge difference and that a lot of fun can be had along the way. Local individuals are currently setting up a new community fundraising group for Oxfam. They are hoping to plan and organise some local events which will raise money for Oxfam's development work, campaigning and emergency response work in over 72 countries worldwide.

The group are looking for people with lots of ideas and enthusiasm to join them. This is the perfect opportunity to make the kinds of events you want to see happen locally a reality, with plenty of help and support from Oxfam.



Showcasing period costume

The Devonshire Collection of Period Costume 1750 to 1950, is displayed in one of the historic merchant's houses of Totnes, Bogan House, which was restored by the Mitchell Trust. There is a new exhibition of costumes and accessories each season.

The summer season is busy for this museum and they are looking for volunteers to help with a range of tasks including front of house, acting as the public face of the museum and assisting visitors. Creative volunteers are needed to dress windows to provide a showcase for the costume arts. You can also help with responsibilities such as co-ordinating the stewards and administration

A volunteer is also needed to promote the museum, developing a publicity and marketing schedule, including advertisements, editorials, flyers and other publicity material.

Restore native woodland

Volunteers are essential to Moor Trees in its work collecting local seed, caring for thousands of trees in nurseries and in turn planting conservation woodland around Dartmoor and South Devon.

Whatever skills you have are welcome, for example co-ordinating volunteers, office skills, contributing to the committee.

Volunteers enjoy practical, healthful volunteering, helping with tree planting during winter months, growing saplings and activities with individuals, schools and other groups.

This is a great opportunity to learn new skills and make your contribution to the local area. Friendly informal groups, open to all. Training and some transport provided.



Volunteer Centre
South Hams

